

# News & Fun Activities

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## Tri-Valley Cultural Jews

Your East Bay Secular Humanistic Jewish Community

**TriValleyCulturalJews.org**

[info@tri-valleyculturaljews.org](mailto:info@tri-valleyculturaljews.org)

(925) 399-8029

**Affiliated with the Congress of Secular Jewish Organizations**

**Our mission statement:** "A Secular Humanistic community serving those who identify with the Jewish People through family, culture and history, rather than through religion."



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**Email, or Twitter symbols above.\*\***

# ***March 19th, 2020***



TVCJ is a participant in the Amazon Associates Program. This program allows sites to earn advertising fees by linking to Amazon.

## **TVCJ Community News**

**Vulnerable members of our community are facing unusual needs, and we would like to publicize some resources which may be of help.\***

[Click Here to see School district sites offering free grab and go lunches for kids](#)

**United Way** has a Covid-19 Community Economic Relief fund--can help with bills, rent, food. **Call 1-866-211-9966.**

[Click Here to see Resources for undocumented people](#)

[Click Here for Information on California State Unemployment Insurance, Disability, and Paid family leave](#)

[Click Here for Alameda County free referral service to services](#) or **Call 211**

[Click Here for the Alameda County Food Bank](#)

[Click Here for Information on Takeout meals for Seniors](#)

### **\*\*Grocery Store Information**

**Nob Hill:** Nob Hill will not be adjusting hours, but is creating discounted grocery bags, [Senior Essentials Bags](#), available for curbside or in-store pickup. [Click Here and read more about Raley's grocery bag offers and efforts to serve seniors.](#)

**Safeway:** Safeway store hours are being updated by location. Please visit your local store's website to confirm hours. Safeway is setting aside the hours of 7-9 a.m. every Tuesday and Thursdays for elderly and at-risk shoppers.

**Target:** The company will close all stores at 9 p.m. and reserves the first shopping hour of every Wednesday for elderly and at-risk customers.

**Trader Joe's:** All Trader Joe's stores will be open from 9 a.m. to 7 p.m. until further notice.

**Walmart:** Walmart stores and Neighborhood Markets will be open 6

a.m. to 11 p.m. until further notice.

**Whole Foods:** The company announced Tuesday it would adjust store hours, asking customers to check website for more information on a specific store's hours. Whole Foods will also reserve an hour before a store's scheduled opening time each day to allow elderly and at-risk customers time to shop.

Note that seniors are still mandated to stay at home under the Governor's order, and if possible, it is preferable to stay home and let others do the shopping.

All the local Food Banks and Meals on Wheels programs are in great need of healthy people to volunteer to pack and deliver food. People over 65 and those with chronic health conditions are to stay in home isolation, according to Governor Gavin Newsom's order of last Sunday. However, these services are considered to be essential services under the Shelter in Place proclamation, so younger healthy people may still assist. Please do, if you are able.

### **Community Links to Coronavirus Updates\*\*\***

[J News - Coronavirus updates](#)

[Jewish Community Federation of San Francisco, the Peninsula, Marin, Sonoma and the East Bay – Coronavirus updates](#)

**\*Thanks to Eden Area Interfaith Council for supplying this information.**

**\*\* Thanks to the Patch for supplying grocery store information.**

**\*\*\* Thanks to the The Northern California Board of Rabbis for this information.**



## **Tri-Valley Cultural Jews Virtual Passover Seder**

**Date:** Saturday, April 11, 2020

**Time:** 5:00 p.m.

**Place:** A link to participate from the comfort of your home will be

sent out

**Reservations are required. To reserve a space please call 510-898-8789 or email [reservations@tri-valleyculturaljews.org](mailto:reservations@tri-valleyculturaljews.org) by April 4th 2020.**

Our secular Seder includes English-language readings highlighting the power of community and the value of freedom, and songs in English, Yiddish and Hebrew. The event is family friendly.



### **In March We Remember:**

Jeannette Eilbirt  
Rebecca Friedman  
Teible Barach  
Henry Eilbirt



### **Happy March Birthdays:**

Sierra Randel  
Leslie Zwick  
Debby Seid  
Adam King  
Nadav Noy  
Lois Ehrlich

### **Who We Are**

#### **Board Members:**

Karen Furst 925-784-1775  
Jazz Saluen-Grabowski 718-578-7876  
Ira Ehrlich 310-995-4149  
Jamie Ireland 510-888-1404  
Rebecca Ireland 510-888-1404  
Bret Mogilefsky 510-610-1956  
Joy Randel 925-362-3245

**Newsletter:** Joy Randel 925-362-3245

**Webmaster:** Noah King 925-371-8585

**JCS Teachers:** Judith Seid,  
Jamie Ireland

#### **Family Shabbat/Havdalah**

**Coordinator:** Scott  
Pepper 650-296-6295

**Movie Coordinator:** Wendy  
Berenson 925-829-0554

**Adult Programming:** Karen  
Furst 925-784-1775



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